



Product Features

Caring for your young child

- Immunization wizard
- Growth charts

Complete medical record

- Family medical history
- Conditions
- Allergies
- Medications
- Treatments
- Communications
- Doctor visits
- Tests
- Health impacting activities

Staying organized

- Calendar support for doctor visits, tests
- Medical provider contact information
- Track the progress of your health and wellness related activities in journals
- Insurance information

Making informed medical decisions

- Customized medical reference library
- Access to accredited government health websites

Prepare for emergencies

- Emergency card
- Emergency contact information

Health Reports

- Cholesterol chart
- Weight chart
- Summer and camp forms

The Department of Health & Human Services encourages the use of Personal Health Records (PHRs): "Once equipped with the information about their health and health care choices, consumers will be empowered to co-manage their health and participate actively in decisions about their care."

For more information regarding HealthFrame™ please go to <http://www.HealthFrame.com> or send email to info@RecordsForLiving.com